

# PROVA DE INGLÊS

**INSTRUCTIONS:** Read the texts carefully and then choose the alternative which correctly completes the following statements.

**TEXT 1** - Questions **46** to **50**

## AWARD-WINNING KANGAROO CARE

Skin-to-skin contact creates gentle communication



A touch. A feel. A heartbeat. A warm hug. Whether a newborn is two pounds or eight pounds, skin-to-skin contact proves to be a nurturing strength between parent and baby in the first days of life. 05  
Similar to the way a kangaroo keeps its young close to its body, Kangaroo Care or K Care is the practice of “pouching” an

infant, diaper-clad and blanketed, against a parent’s bare chest. This special bonding between parent and newborn has been found to reduce parental 10  
stress, promotes confidence in the ability to care for the infant and improves infant health, especially in pre-term babies. In Mount Sinai Medical Center’s Schwartz Neonatal Intensive Care Unit, 15 neonates and their families have benefited from K Care.

Patricia Messmer, director of nursing research at Mount Sinai, Joyce 15  
Wells-Gentry, nursing administrative supervisor, and Suzanne Rodriguez, along with a team of nurses and doctors, are studying the effects of K Care on pre-term infants as well as parents’ attitudes toward their infants. Earlier studies have credited K Care with shorter hospital stays, greater confidence on the part of the mothers in their abilities to monitor their babies, less crying, longer 20  
sleep periods, greater weight gain, improved lactation and decreased oxygen requirements.

“Preliminary data analysis indicates a significant increase in sleep time during K Care for these infants as compared to the infants not receiving K Care,” Rodriguez confirms. Results also indicate that during K Care, the infants 25  
experience fewer oxygen requirements and have fewer breathing difficulties.

“Many parents have commented that their infants are more relaxed during K Care,” Messmer adds. “Mothers and fathers are very positive about the experience.”

Adapted from “Award-winning kangaroo care”.  
*Miami Herald Medical Reports*, Jan. 1995.

### QUESTION 46

According to the text, Kangaroo Care is a

- A) position adopted by babies on the first days of their life.
- B) practice in which babies and parents feel each other’s skin.
- C) technique used so as to help kangaroos when they are born.
- D) way of studying babies who can promote parental stress.

### QUESTION 47

According to the text, the only advantage of Kangaroo Care that is **NOT** true is that it

- A) improves infants’ skin conditions.
- B) lowers stress in newborns’ parents.
- C) makes parents feel more confident.
- D) results in healthier pre-term babies.

**QUESTION 48**

The text says that pre-term babies who receive Kangaroo Care

- A) are less monitored by their mothers.
- B) demand more special nutrition care.
- C) have greater weight loss problems.
- D) need less oxygen supplementation.

**QUESTION 49**

In the text, **Whether a newborn is two pounds or eight pounds...** (lines 2-3) means

- A) Although the infant is not really small...
- B) Because a newborn is not very heavy...
- C) If the neonate does not weigh much...
- D) No matter how much the baby weighs...

**QUESTION 50**

In the text, the word **pouching** (line 8) means

- A) measuring.
- B) observing.
- C) placing.
- D) studying.

## In a few years she could turn into a dinosaur.

Chances are you've never seen this creature before. And chances are you're not alone. That's because there are as few as 2,000 manatees left in Florida. Which is why since 1976 Sea World's Research and Conservation Program has done everything possible to  
05 rehabilitate the dying manatee population.

In our care right now is a manatee we call Fathom. She was so badly injured, if left in the wild she would inevitably die. Due to the nature of her injuries, Fathom was unable to float or breathe properly, so we constructed a tailor-made wetsuit designed to help  
10 facilitate her recovery. And we're proud to say, she's doing well.

Now while this contribution won't change the course of history, it will give the manatee a better chance to see the future.

### Sea World.

A pledge and a promise from the Anheuser-Busch Companies.



NATURAL HISTORY, New York, v. 104, n. 5, May 1995. p. 25.

**QUESTION 51**

Because of the number of manatees in Florida, the author assumes that most people

- A) are familiar with the manatee habitat.
- B) haven't had a chance to see a manatee.
- C) spot manatees when they aren't alone.
- D) will one day come across a manatee.

**QUESTION 52**

For over 25 years the Sea World's Research and Conservation Program has been

- A) looking after the manatees that left Florida.
- B) rehabilitating people with serious illnesses.
- C) studying populations that are now extinct.
- D) trying to save the manatee from extinction.

**QUESTION 53**

The Sea World's Research and Conservation Program has been helping manatees because they are

- A) breathing improperly.
- B) floating in Florida.
- C) dying out rapidly.
- D) leaving in a few years.

### QUESTION 54

In the text, manatees are compared to dinosaurs because manatees

- A) are object of research.
- B) can live for a long time.
- C) look quite big and heavy.
- D) may be extinct very soon.

### QUESTION 55

The expression **tailor-made** (line 9) means

- A) difficult to wear.
- B) fitting the animal's tail.
- C) genuinely waterproof.
- D) specially designed.

### QUESTION 56

The pronoun **we** (line 10) refers to the

- A) American government.
- B) Conservation Program.
- C) manatee and her friends.
- D) population in Florida.

## TEXT 3 - Questions 57 to 60

## TRENDS

## After Some Sleepy Years, Yo-yos Are Back Up

05 LIKE INFLUENZA, THE YO-YO rage seems to break out, inexplicably and virulently, every decade or so. The current craze began in Australia in 1995 before leaping to Japan (where 45,000 players competed in this year's nationals). U.S. teachers have been confiscating them in record numbers since spring. In the latest incarnation, the

10 junk-drawer toy has evolved into a giddily intricate machine. Industry leader Duncan will soon add a "clutch" model to match Yomega's popular Brain, which yanks *itself* up. Champs prefer the  
15 faster-spinning, longer "sleeping" transaxles. Got the bug bad? Try the SB-2, fashioned from aircraft aluminum in cool colors. Cost: \$100 a pop.



The top of the line SB-2



Clutch-driven Brain



Duncan's Imperial



The noisy Pro-Play



The Fireball transaxle



BC's fixed-axle woody

Newsweek, November 18, 1998. p. 4.

## Glossary:

Craze: modismo

Rage: furor

## QUESTION 57

The text compares yo-yos to influenza because both of them

- A) are fashionable nowadays.
- B) first started in Australia.
- C) have worried most teachers.
- D) reappear after some time.

### QUESTION 58

The only fact about the current yo-yo mania that is **NOT** true is that it

- A) has caused numerous arrests.
- B) is getting very sophisticated indeed.
- C) signals quite profitable business.
- D) has spread transcontinentally.

### QUESTION 59

The expression **to break out** (line 2) means

- A) to begin.
- B) to change.
- C) to collapse.
- D) to diminish.

### QUESTION 60

The only expression in the text that is **NOT** used to refer to the yo-yo mania is

- A) The current craze... (line 4)
- B) ...the SB-2... (lines 16 -17)
- C) ...the latest incarnation... (line 9)
- D) ...the yo-yo rage... (lines 1-2)